

Good Enough 2 Eat

TELEVISION ABOUT FOOD, GOOD FOOD. FOOD GOOD ENOUGH TO EAT!



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Fruitballs

You'll need:

- 1 cup dates
- 1 cup sultanas
- 1 cup dried apricots
- ½ cup currants
- ½ cup walnuts
- ½ cup coconut
- 2 teaspoons lemon juice
- Extra coconut



Here's what to do:

1. Process all ingredients in food processor, except extra coconut
2. Roll into balls and coat with extra coconut
3. Keep in fridge and serve chilled.

